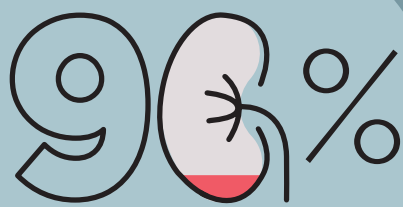


Kidney Disease

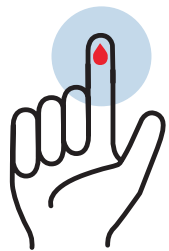
Are you at risk?



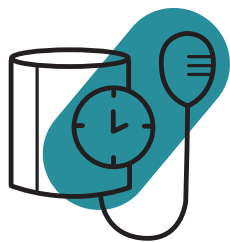
of kidney function can be lost without experiencing any symptoms



1. Do any of these apply to you?



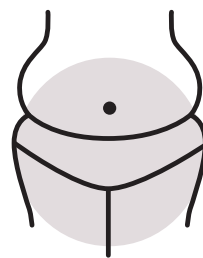
Diabetes



High blood pressure



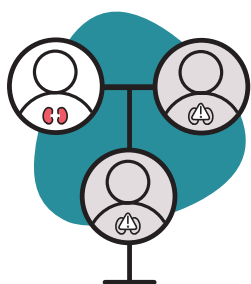
Current or former smoker or vaper



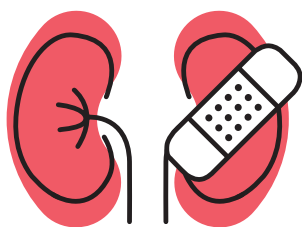
Very overweight or obese



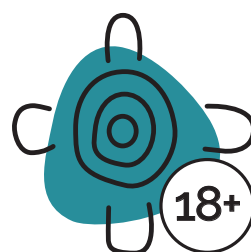
Had a stroke, heart attack or have heart failure



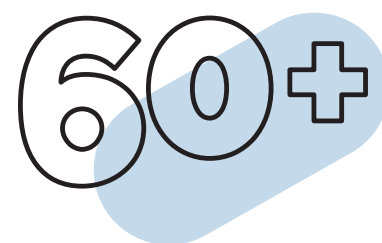
Family history of kidney failure, dialysis or kidney transplant



History of an acute kidney injury

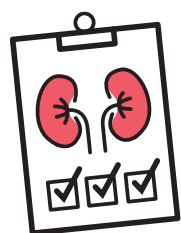


First Nations Australians 18 years and over

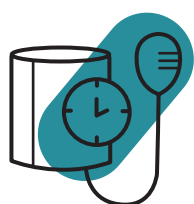


Over 60 years of age

2. Ask for a Kidney Health Check



If you said **YES** to any of the above, ask your GP for a **Kidney Health Check**



Blood Pressure Check



Urine Test



Blood Test

3. Connect with Kidney Health Australia

Freecall 1800 454 363
kidney.org.au



Scan to learn more