

RED SOCKS RUN

WALK for a future **BEYOND** dialysis!

This October, walk **60km** to honour the **60 hours** a month thousands of Australians spend on dialysis. Join the virtual **Red Socks Run** challenge and help raise awareness and funds for people living with kidney disease.



Register today.



redsocksrun.org.au
1800 454 363

MAKE YOUR STEPS COUNT!

Kidney Health
Australia